



# STATE LEVEL WEBINAR ON STRESS MANAGEMENT THROUGH MEDITATION

26th-27th May, 2020 at 10:00 a.m.

- **Special Guest**

Ms. Sarita Patel  
NSS Regional Director,  
Kolkata

- **Chief Patron**

Dr. Bibek Chakrabarti  
Principal, RKMGEC

- **Resource Persons**

26th May

Mr. Agnimeel Das  
Youth Officer, NSS, RD, Kolkata

Dr. Tirtha Sankar Das  
HOD Dept. of ECE, RKMGEC

Mr. Pankaj Sarkar  
NSS Programme Officer,  
J.K College, Purulia

27th May

Dr. Surajit Majumder  
NSS Programme Officer,  
Bankura Sammilani College

Dr. Tapan Kumar Das  
NSS nodal officer, Cooch Behar

- **Convener**

Mr. Santigopal Maity  
NSS Programme Officer,  
RKMGEC

Organised by

**NSS unit and**

**ECE dept of**

**Ramkrishna**

**Mahato**

**Government**

**Engineering**

**College, Purulia**

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